

CURRICULUM VITAE

Shawn Rubin, PsyD Licensed Clinical Psychologist

Contact Information

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Education and Training

- 2002-2004 Child and Adolescent Psychoanalytic Psychotherapy, Michigan Psychoanalytic Institute, Farmington Hills, MI.
- PsyD 2002 Center for Humanistic Studies Graduate School, Detroit, MI; Humanistic and Clinical Psychology; Dissertation: *The dynamism of resolute being: The experience of tragic optimism in an existential-humanistic worldview.*
- 2000-2002 Pre-doctoral Internship, Catholic Social Services of Wayne County, Detroit, MI.
- PsyS 2000 Center for Humanistic Studies, Detroit, MI; Humanistic and Clinical Psychology and Education.
- MA 1998 Center for Humanistic Studies, Detroit, MI; Humanistic and Clinical Psychology; Thesis: *The forward thrust: The experience of transcending existential angst.*
- BA 1997 Muhlenberg College, Allentown, PA; Psychology; *magna cum laude.*

Licensure

- 2014- State of Virginia, Clinical Psychologist, License #0810004991.
- 2005- State of Michigan, Licensed Psychologist, License #6301012096.

Current Professional Positions

- Aug 2015 President-Elect, Society for Humanistic Psychology, Division 32 of the American Psychological Association.
- Sept 2014- Private Practice Owner, Banyan Counseling Center, Fairfax, VA

- Aug 2014- Clinical Adjunct Faculty, George Washington University School of Clinical Psychology, Washington, DC.
- Jan 2013- Co-Editor in Chief, University Professors Press, Colorado Springs, CO.
2012- Editor in Chief, *Journal of Humanistic Psychology*. Sage Publications.
- Sept 2012-15 Chair, School of Clinical Psychology, Saybrook University, Oakland, CA.
Program Director, PhD in Psychology: Clinical Specialization;
Program Director, MA in Psychology: MFT-PCC Specialization (2013-14).
- Aug 2011-15 Program Director, PsyD in Clinical Psychology, and Executive Faculty, Saybrook University, Oakland, CA. Member of Faculty Senate, University Council, University Growth Team, Academic Leadership Committee, Academic Progress Review Team, Saybrook Institutional Review Board.

Previous Professional Positions

- 2010-2015 Program Chair, Hospitality Suite Conference, Society for Humanistic Psychology (APA Division 32).
- 2009-2015 Member-at-Large, Society for Humanistic Psychology, (APA Division 32).
Consecutive 3 year terms.
- 2003-2012 Managing Editor, *Journal of Humanistic Psychology*, the flagship journal of the Humanistic Psychology movement, founded by Abraham Maslow in 1961. Reviewed manuscripts and managed all aspects of submission, review, and decision-making process.
- 2008-2011 Editor in Chief, Society for Humanistic Psychology *Newsletter* (APA Division 32).
- 2005-2011 Independent Private Practice, Farmington Hills, MI. Part-time practice focused on psychotherapy with children and families, adolescents, and adults. Specialty areas included play therapy with children, parent-child relationships, childhood abuse and neglect, adolescence, attachment difficulties, psychological trauma, depression, and anxiety.
- 2003-2011 Faculty, Michigan School of Professional Psychology, Farmington Hills, MI. MA and PsyD Programs in Humanistic and Clinical Psychology. Primary responsibilities included clinical supervision, teaching, chairing research projects, and administration. Courses taught: Psychotherapy with Children; Child and Adolescent Psychotherapy; Existential-Humanistic Psychotherapy; Foundations

of Qualitative Research; Professional and Scientific Ethics; Group Process; Dream Interpretation. Additional responsibilities: Master's Thesis Advisor, Doctoral Committee Chair, and Adjunct positions. Member of Executive Leadership Team, Institutional Review Board, APA Accreditation Committee, Scholarly Projects Committee, Student Learning and Assessment Committee, Doctoral and Master's Admissions committees.

- 2008-2009 Interim Co-Chair, MA & PsyD Programs, Michigan School of Professional Psychology.
- 2008-2009 Interim Director of Clinical Training, Michigan School of Professional Psychology.
- 2007-2008 Co-Chair, Master's Program, Michigan School of Professional Psychology.
- 2003-2006 Coordinator of Clinical Services to Children, Catholic Social Services of Wayne County, Detroit, MI. Supervised the clinical caseloads of Master's-level therapists who provided therapy to children in the Wayne County foster care system.
- 2003-2005 Admissions Coordinator, Michigan School of Professional Psychology. Managed all aspects of admissions process for both Master's and Doctoral programs.

Certifications

- 2001 Trauma and Loss Consultant, Institute for Trauma and Loss in Children, Grosse Pointe Woods, MI.
- 2001 National Victims Assistance Academy, United States Department of Justice and the Medical University of South Carolina.
- 2000 Experiential Play Therapy; Michigan Association for Play Therapy.

Other Professional Activities

- 2015- Co-Founder, *The Humanitarian Alliance*
- 2013- Editorial Board, *PsyCritiques*, *APA Review of Books*.
- 2013- Expert Reviewer, *Journal of Contemporary Psychotherapy*.
- 2012- Consulting Editor, *The Humanistic Psychologist*, Journal of APA Division 32.
- 2011-2014 Reviewer, *Janus Head: Journal of Interdisciplinary Studies in Literature*,

Continental Philosophy, Phenomenological Psychology, and the Arts.

- 2010-2012 Child Psychologist Consultant, WDIV Detroit, NBC Channel 4.
- 2008-2012 Dissertation Consultant, Argosy University, Washington, DC.
- 2006-2012 Visiting Professor of Psychoanalysis Committee, Michigan Psychoanalytic Council, Ann Arbor, MI (5-year term).
- 2005-2012 Faculty Liaison, Michigan Psychoanalytic Institute and Michigan Psychoanalytic Council.
- 2007-2009 Reviewer, *Sex Roles: A Journal of Research*.
- 2006-2009 Reviewer, *International Journal of Stress Management*.
- 2002-2005 Staff Psychotherapist, Trauma Recovery Center, Royal Oak, MI. Provided individual outpatient psychotherapy to children, adolescents, and adults.
- 2001-2002 Staff Psychotherapist, Seasons Counseling Center, Troy, MI.
- 1999-2002 Therapist, Behavioral Health Services – Victims of Crime Act (VOCA) Grant, Catholic Social Services of Wayne County, Detroit, MI.
- 1998-2000 Staff Psychotherapist, Center for Creative Living, Royal Oak, MI.
- 1998-1999 Staff Psychotherapist, Self and Others Counseling Center, New Baltimore, MI.

Publications

- Cain, D., Keenan, K., & Rubin, S. (2015, in press). *Humanistic psychotherapies: Theory, research and practice* (2nd ed.). Washington, DC: American Psychological Association.
- DuBose, T., & Rubin, S. (2015). Phenomenological and existential therapies. In *Encyclopedia of Theory in Counseling and Psychology*. Thousand Oaks, CA: Sage Publications.
- Hoffman, L., Cleare-Hoffman, H., Vallejos, L., & Rubin, S. (2014). Emotion, relationship and meaning as core existential practice: Evidence based foundations. *Journal of Contemporary Psychotherapy*.
- Rubin, S., & Humphreys, C. (2014, in press). Humanistic psychotherapy. In *Encyclopedia of Mental Health* (2nd ed.). Waltham, MA: Academic Press (Elsevier).

Rubin, S., & Lichtanski, K. (2014). Existential therapy. In *Encyclopedia of Theory in Counseling and Psychotherapy*. Thousand Oaks, CA: Sage Publications.

Hoffman, L., & Rubin, S. (2013). Book review: Encountering America: Humanistic Psychology, sixties culture, and the shaping of the modern self. *PsycCRITIQUES*, 58(50), Article 3.

Blau, D., Rubin, S., Bach, L., & Scott, M. (2013). Clark Moustakas (1923-2012): Scholar, teacher, colleague and friend. *The Humanistic Psychologist*, 41(1), 97-99.

Rubin, S. (2011). The future is now: The HECTOR project & the society for humanistic psychology conference. *The Journal of Humanistic Psychology*. Thousand Oaks, CA: Sage Publications.

Rubin, S. (2002). Experiential play therapy with traumatized children. *The Michigan Advocate*, 3(2), 6-7.

Presentations

Rubin, S., St. John, Ford, D., Vallejos, L, & St. John, D. (2015). Humanitarian Principles: Humanistic Values, Social Justice & Ecological Equity. Association for Humanistic Counseling Conference, Cleveland, OH.

Rubin, S., St. John, Sebree, D., Vallejos, L, & St. John, D. (2015). Humanitarian Psychology: Applying humanistic values and ethics into action, Advocacy, & Activism. Society for Humanistic Psychology Conference (APA Division 32), Chicago, IL.

Rubin, S. (2014). The history of humanistic psychology and the humanistic psychotherapies. Invited lecture to the Clinical Psychology Doctoral Students at George Washington University, Washington, DC.

Rubin, S., Hoffman, L., Hoffman, H., Lichtanski, K., & Valdivia, V. (2014). Sex in humanistic psychology and psychotherapy: A community roundtable. Society for Humanistic Psychology Conference (APA Division 32), Palo Alto, CA.

Rubin, S., Hoffman, L., St. John, D., Keenan, K., & Smith, A. (2012). Symposium: Evidence in support of existential-humanistic psychology – Revitalizing the “Third Force.” American Psychological Association Convention, Orlando, FL.

Hoffman, L., Bargdill, R., Rubin, S., Craig, E., & Serlin, I. (2012). Implications of the existential psychology–Zhi Mian dialogues in China. Society for Humanistic Psychology Hospitality Suite, American Psychological Association Convention, Orlando, FL.

- Keenan, K., Rubin, S., & Jackson, E. (2012). Live supervision: Teaching evidence-based psychotherapy with experiential supervision. Demonstration in the Society for Humanistic Psychology Hospitality Suite, American Psychological Association Convention, Orlando, FL.
- Rubin, S. (2012). Clark Moustakas and the experience of the other. Second International Conference on Existential Psychology. Fudan University, Shanghai, China.
- Rubin, S. (2012). Existential psychotherapy and experiential supervision. Linzi Counseling Center, Shanghai, China.
- Rubin, S. (2012). Creativity and the application of existential psychology in working with children and adolescents. Shenzhen, China.
- Rubin, S. (2012). Therapy as an artistic act by the client and the therapist. Counselor and Psychiatrist Training. Heifei, China.
- Rubin, S. (2012). Existential play therapy with children: An experiential workshop. Hong Kong University, Centre for Behavioral Health. Hong Kong, China.
- Rubin, S. (2010). Existential-humanistic-psychodynamic psychotherapy: Theory, practice, and in vivo role-plays. Invited Guest Speaker & Facilitator, Oakland Community College, Royal Oak, MI.
- Keenan, K., & Rubin, S. (2010). The use of therapeutic enactments for teaching evidence-based psychotherapy. 76th Annual Convention of the American Psychological Association, San Diego, CA.
- Keenan, K., & Rubin, S. (2009). *Experiential supervision with psychotic patients*. Humanistic Psychology, Psychotherapy, and Action: Transformation in a Time of Change. 3rd Annual Conference of the Society for Humanistic Psychology, Colorado Springs, CO.
- Rubin, S. (2009). *Child play therapy and parent guidance*. Oakland County Commission for Children, Youth, and Families. Television program filmed at Southwestern Oakland Cable Commission.
- Keenan, K., & Rubin, S. (2008). *The use of therapeutic enactments in experiential supervision*. Existential Therapy for a World Gone Mad: Existential-Humanistic Institute, 2nd Annual Conference, San Francisco, CA.
- Rubin, S., Craig, E., McWilliams, N., & Tummala-Narra, P. (2008). Chair, *Common ground: What humanistic psychology can rediscover from psychoanalysis*. 74th Annual Convention of the American Psychological Association, Boston, MA.

- Hoffman, L., Mendelowitz, E., Rubin, S., & Schneider, K. (2008). *Psychology, science, and the sea: A return to depth*. 2nd Annual Conference of the Society for Humanistic Psychology, Norwood, MA.
- Hoffman, L., Mendelowitz, E., Rubin, S., & Schneider, K. (2008). *Depth, the marketplace, and psychology's Faustian plight*. 74th Annual Convention of the American Psychological Association, Boston, MA.
- Keenan, K., & Rubin, S. (2008). *I've got you under my skin: The use of therapeutic enactments in experiential supervision*. 2nd Annual Conference of the Society for Humanistic Psychology, Norwood, MA.
- Keenan, K., & Rubin, S. (2008). *The use of therapeutic enactments in experiential supervision*. 74th Annual Convention of the American Psychological Association, Boston, MA.
- Rubin, S. (2008). *What humanistic psychology can rediscover from the psychoanalysts: An exploration of common ground and application to a child case study*. Michigan Society for Integrative Psychoanalytic Studies. Providence Hospital, Southfield, MI.
- Blau, D., Moustakas, K., & Rubin, S. (2007). *Clark Moustakas' contributions to humanistic psychology and psychotherapy: Founder, theorist, and practitioner*. Conference for Division 32 of the APA: Humanistic Psychotherapies for the 21st Century: Evolution of Theory, Research and Practice, San Francisco, CA.
- Keenan, K., & Rubin, S. (2007). *The use of therapeutic enactments in experiential supervision*. Conference for Division 32 of the APA: Humanistic Psychotherapies for the 21st Century: Evolution of Theory, Research and Practice, San Francisco, CA.
- Rubin, S. (2006). *Grieving and resiliency in job loss: Turning job loss into opportunity*. Symposium, Costick Activities Center, Farmington Hills, MI.
- Rubin, S. (2002). *Tragic optimism in an existential-humanistic worldview*. Presentation at the American Psychological Association Convention, Division 32, Humanistic Psychology, Chicago, IL.
- Rubin, S., & Anthony, A. (2001). *Person-centered play therapy with traumatized children*. Presentation at the 72nd Annual Eastern Psychological Association Conference in Washington, DC.
- Rubin, S., & Gage, R. (2001). *The roots of stress*. Four-part lecture series: *Cope at Roep, Gifted Student Mental Health Project*, The Roeper School, Birmingham, MI.

Other Professional Presentations

- Keenan, K., & Rubin, S. (2007). *I've got you under my skin: Live demonstrations of experiential supervision of difficult clients*. Special Topics seminar at the Michigan School of Professional Psychology, Farmington Hills, MI.
- Keenan, K., & Rubin, S. (2006). *Experiential supervision case study and discussion: Responding to therapeutic ruptures*. Special Topics seminar at the Michigan School of Professional Psychology, Farmington Hills, MI.
- Rubin, S. (2006). *Challenges facing the young therapist*. Special Topics seminar at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.
- Rubin, S. (2006). *Heuristic interviewing in doctoral research*. Guest speaker to the PsyD III class at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.
- Rubin, S. (2005). *Child and family assessment and case conceptualization*. Guest speaker to clinical staff at Behavioral Care Management, Madison Heights, MI.
- Rubin, S. (2005). *Humanistic psychoanalysis*. Special Topics seminar at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.
- Rubin, S., & Coggins, L. (2004). *Creative synthesis: Appreciating the poetic in human science research*. Doctoral seminar at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.
- Rubin, S. (2003). *The common ground of existential psychology and psychoanalytic theory: Explicating the phenomenology of the mind*. Doctoral seminar at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.
- Rubin, S. (2003). *An existential-psychoanalytic integration towards understanding anxiety and guilt in the clinical setting*. Lecture to the Master's class at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.
- Rubin, S. (2003). *The theory and application of human science research models in conducting doctoral research*. Invited lecturer to the doctoral students in the clinical psychology program at Immaculata University, St. David's, PA.
- Rubin, S. (2003). *Working with the parents of child patients in intensive psychotherapy*. Invited speaker to the Master's class at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.

- Rubin, S. (2002). *Childhood disorders and treatment strategies*. Seminar presented to the students in the Master's in Counseling Program at Siena Heights University, Rochester, MI.
- Rubin, S. (2002). *Compassion and empathy in the foster parenting of acutely symptomatic children*. Talk presented to an education and support group facilitated at Catholic Social Services of Wayne County, Detroit, MI.
- Rubin, S. (2002). *Suicide intervention training*. Staff development presentation delivered to the Behavioral Health Services department at Catholic Social Services of Wayne County, Detroit, MI.
- Rubin, S. (2002). *Parenting sexually-abused foster children*. Foster parent training and support group facilitated at Catholic Social Services of Wayne County, Detroit, MI.
- Rubin, S. (2001). *Philosophical and clinical approaches to existential anxiety*. Lecture delivered to the Master's class at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.
- Rubin, S. (2001). *Play therapy with children who have experience post-traumatic stress*. Staff development and training delivered to Catholic Social Services of Wayne County, Detroit, MI.

Professional Affiliations

American Psychological Association:

Division 5, Evaluation, Measurement, Statistics

Division 32, Humanistic Psychology

Division 39, Psychoanalytic Psychology

Division, 44 Society for the Psychological Study of Lesbian, Gay, Bisexual and Transgender Issues

Association for Humanistic Psychology

Association for Play Therapy – Virginia Chapter

Virginia Psychological Association

Virginia Academy of Clinical Psychologists

World Professional Association for Transgender Health

Society for the Exploration of Psychotherapy Integration