

CURRICULUM VITAE

Shawn Rubin, PsyD Licensed Clinical Psychologist

Contact Information

8608 Pepperdine Drive
Vienna, VA 22180
shawn@shawnrubin.com
(510) 725-7600

Education and Training

- 2014-16 Clinical Specialization in Transgender Assessment & Psychotherapy with Michael Hendricks, PhD
- 2002-2004 Child and Adolescent Psychoanalytic Psychotherapy, Michigan Psychoanalytic Institute, Farmington Hills, MI.
- PsyD 2002 Center for Humanistic Studies Graduate School, Detroit, MI; Humanistic and Clinical Psychology; Dissertation: *The dynamism of resolute being: The experience of tragic optimism in an existential-humanistic worldview.*
- 2000-2002 Pre-doctoral Internship, Catholic Social Services of Wayne County, Detroit, MI.
- PsyS 2000 Center for Humanistic Studies, Detroit, MI; Humanistic and Clinical Psychology and Education.
- MA 1998 Center for Humanistic Studies, Detroit, MI; Humanistic and Clinical Psychology; Thesis: *The forward thrust: The experience of transcending existential angst.*
- BA 1997 Muhlenberg College, Allentown, PA; Psychology; *magna cum laude.*

Licensure

- 2014- State of Virginia, Clinical Psychologist, License #0810004991.
- 2005- State of Michigan, Licensed Psychologist, License #6301012096.

Current Professional Positions

- 2021- Mentor, Psychedelic Research and Therapy Certificate Program, California Institute of Integral Studies

- 2019- Advisory Board Consultant, Transgender Education Association of Greater Washington. Fairfax, VA.
- 2019- Psychological Consultant, Committee on Credentialing Psychedelic Therapists, The Center for Psychedelic Therapies & Research.
- 2014- Private Psychotherapy Practice, Vienna VA
- 2014- Clinical Professor of Psychology, The George Washington University, School of Clinical Psychology, Washington, DC.
- 2013- Co-Editor in Chief, University Professors Press, Colorado Springs, CO.

Previous Professional Positions

- 2012-19 Editor in Chief, *Journal of Humanistic Psychology*. Sage Publications.
- 2017-18 Past-President, Society for Humanistic Psychology, Division 32 of the American Psychological Association.
- 2016-17 President, Society for Humanistic Psychology, Division 32 of the American Psychological Association.
- 2015-16 President Elect, Society for Humanistic Psychology, Division 32 of the American Psychological Association.
- 2010-2016 Member at Large, Executive Board, Society for Humanistic Psychology, Division 32 of the American Psychological Association.
- 2010-2016 Program Chair, Hospitality Suite Conference, Society for Humanistic Psychology (APA Division 32).
- 2012-15 Chair, School of Clinical Psychology, Saybrook University, Oakland, CA.
Program Director, PhD in Psychology: Clinical Specialization;
Program Director, MA in Psychology: MFT-PCC Specialization (2013-14).
- 2011-15 Program Director, PsyD in Clinical Psychology, and Executive Faculty, Saybrook University, Oakland, CA. Member of Faculty Senate, University Council, University Growth Team, Academic Leadership Committee, Academic
- 2009-2015 Member-at-Large, Society for Humanistic Psychology, (APA Division 32).
Consecutive 3 year terms.
- 2003-2012 Managing Editor, *Journal of Humanistic Psychology*, the flagship journal of the Humanistic Psychology movement, founded by Abraham Maslow in 1961.

Reviewed manuscripts and managed all aspects of submission, review, and decision-making process.

- 2008-2011 Editor in Chief, Society for Humanistic Psychology *Newsletter* (APA Division 32).
- 2005-2011 Independent Private Practice, Farmington Hills, MI. Part-time practice focused on psychotherapy with children and families, adolescents, and adults. Specialty areas included play therapy with children, parent-child relationships, childhood abuse and neglect, adolescence, attachment difficulties, psychological trauma, depression, and anxiety.
- 2003-2011 Faculty, Michigan School of Professional Psychology, Farmington Hills, MI. MA and PsyD Programs in Humanistic and Clinical Psychology.
- 2008-2009 Interim Co-Chair, MA & PsyD Programs, Michigan School of Professional Psychology.
- 2008-2009 Interim Director of Clinical Training, Michigan School of Professional Psychology.
- 2007-2008 Co-Chair, Master's Program, Michigan School of Professional Psychology.
- 2003-2006 Coordinator of Clinical Services to Children, Catholic Social Services of Wayne County, Detroit, MI.
- 2003-2005 Admissions Coordinator, Michigan School of Professional Psychology. Managed all aspects of admissions process for both Master's and Doctoral programs.

Certifications

- 2001 Trauma and Loss Consultant, Institute for Trauma and Loss in Children, Grosse Pointe Woods, MI.
- 2001 National Victims Assistance Academy, United States Department of Justice and the Medical University of South Carolina.
- 2000 Experiential Play Therapy; Michigan Association for Play Therapy.

Other Professional Activities

- 2015- Co-Founder, *The Humanitarian Alliance*
- 2013- Editorial Board, *PsyCritiques*, *APA Review of Books*.
- 2013- Expert Reviewer, *Journal of Contemporary Psychotherapy*.

- 2012- Consulting Editor, *The Humanistic Psychologist*, Journal of APA Division 32.
- 2011-2014 Reviewer, *Janus Head: Journal of Interdisciplinary Studies in Literature, Continental Philosophy, Phenomenological Psychology, and the Arts*.
- 2010-2012 Child Psychologist Consultant, WDIV Detroit, NBC Channel 4.
- 2008-2012 Dissertation Consultant, Argosy University, Washington, DC.
- 2006-2012 Visiting Professor of Psychoanalysis Committee, Michigan Psychoanalytic Council, Ann Arbor, MI (5-year term).
- 2005-2012 Faculty Liaison, Michigan Psychoanalytic Institute and Michigan Psychoanalytic Council.
- 2007-2009 Reviewer, *Sex Roles: A Journal of Research*.
- 2006-2009 Reviewer, *International Journal of Stress Management*.
- 2002-2005 Staff Psychotherapist, Trauma Recovery Center, Royal Oak, MI. Provided individual outpatient psychotherapy to children, adolescents, and adults.
- 2001-2002 Staff Psychotherapist, Seasons Counseling Center, Troy, MI.
- 1999-2002 Therapist, Behavioral Health Services – Victims of Crime Act (VOCA) Grant, Catholic Social Services of Wayne County, Detroit, MI.
- 1998-2000 Staff Psychotherapist, Center for Creative Living, Royal Oak, MI.
- 1998-1999 Staff Psychotherapist, Self and Others Counseling Center, New Baltimore, MI.

Publications

- Cain, D., Keenan, K., & Rubin, S. (2016). *Humanistic psychotherapies: Theory, research and practice* (2nd ed.). Washington, DC: American Psychological Association.
- Capturing Shadows: Poetic narratives along the path of grief and loss. Hoffman & Moats, Eds. (2015). *Tragic Optimism*.
- DuBose, T., & Rubin, S. (2015). Phenomenological and existential therapies. In *Encyclopedia of Theory in Counseling and Psychology*. Thousand Oaks, CA: Sage Publications.

- Hoffman, L., Vallejos, Hoffman, H., & Rubin, S. (2014). Emotion, relationship, and meaning as core existential practice: Evidence-Based Foundations. *Journal of Contemporary Psychotherapy*, doi: 10.1007/s10879-014-9277-9
- Hoffman, L., Vallejos, Hoffman, H., & Rubin, S. (2014). Emotion, relationship, and meaning as core existential practice: Evidence-Based Foundations. In Schulenberg, S. (Ed). *Clarifying and Furthering Existential Psychotherapy: Theories, Methods and Practices* (p. 19-34). Switzerland: Springer International Publishing.
- Rubin, S., & Humphreys, C. (2014). Humanistic psychotherapy. In *Encyclopedia of Mental Health* (2nd ed.). Waltham, MA: Academic Press (Elsevier).
- Rubin, S., & Lichtanski, K. (2014). Existential therapy. In *Encyclopedia of Theory in Counseling and Psychotherapy*. Thousand Oaks, CA: Sage Publications.
- Hoffman, L., & Rubin, S. (2013). Book review: Encountering America: Humanistic Psychology, sixties culture, and the shaping of the modern self. *PsycCRITIQUES*, 58(50), Article 3.
- Blau, D., Rubin, S., Bach, L., & Scott, M. (2013). Clark Moustakas (1923-2012): Scholar, teacher, colleague and friend. *The Humanistic Psychologist*, 41(1), 97-99.
- Rubin, S. (2011). The future is now: The HECTOR project & the society for humanistic psychology conference. *The Journal of Humanistic Psychology*. Thousand Oaks, CA: Sage Publications.
- Rubin, S. (2002). Experiential play therapy with traumatized children. *The Michigan Advocate*, 3(2), 6-7.

Presentations

- Rubin, S. (July, 2020). Humanizing LGBTQ Parolees. United States Pretrial Services Conference. Chicago, IL.
- Rubin, S. (May, 2020). Applications of Humanistic Psychology in the Provision of Affirming Therapy with Transgender People Across the Lifespan. Association for Humanistic Counseling, Denver CO.
- Rubin, S. (March, 2020). Applications of Humanistic Psychology in the Provision of Affirming Therapy with Transgender People Across the Lifespan. Keynote address. Society for Humanistic Psychology Conference (APA Division 32), New Orleans, Louisiana.
- Rubin, S. (February, 2020). How Cisgender Therapists Can Effectively Provide Affirming Transgender Therapy. PhD Clinical Psychology Student Seminar, George Washington University, Washington DC.

- Rubin, S. (October, 2019). How Cisgender Therapists Can Effectively Provide Affirming Transgender Therapy. Invited Speaker to Fair Sky Foundation Cooperative Group Practice & Community Therapists, Detroit, MI.
- Rubin, S. (2018). Coping with Burnout as Advocates & Activists. Virginia Transgender Information and Empowerment Summit. J. Sargeant Reynolds Community College. Richmond, VA.
- Rubin, S. (2017). Navigating from the passenger seat: Female to male transitioning from a partner's perspective. Virginia Transgender Information and Empowerment Summit. Virginia Commonwealth University. Richmond, VA.
- Vallejos, L., St. John, D., & Rubin, S. (2017). Strategies to become a successful multicultural ally. Panel presentation. American Psychological Association Annual Convention, Washington, DC
- Vallejos, L., St. John, D., & Rubin, S. (2016). Ethics into action: challenging the dehumanizing agenda in American psychology. Panel presentation. Society for Humanistic Psychology Conference (APA Division 32), Pittsburgh, PA.
- Rubin, S. (2016). Navigating from the passenger seat: Female to male transitioning from a partner's perspective. Virginia Transgender Information and Empowerment Summit. Virginia Commonwealth University. Richmond, VA.
- Rubin, S. (2015). Navigating from the passenger seat: Male to female transitioning from a partner's perspective. Virginia Transgender Information and Empowerment Summit. Virginia Commonwealth University. Richmond, VA.
- Rubin, S., St. John, Ford, D., & Vallejos, L. (2015). Humanitarian Principles: Humanistic Values, Social Justice & Ecological Equity. Association for Humanistic Counseling Conference, Cleveland, OH.
- Rubin, S., Sebree, D., Vallejos, L., & St. John, D. (2015). Humanitarian Psychology: Applying humanistic values and ethics into action, Advocacy, & Activism. Society for Humanistic Psychology Conference (APA Division 32), Chicago, IL.
- Rubin, S. (2014). The history of humanistic psychology and the humanistic psychotherapies. Invited lecture to the Clinical Psychology Doctoral Students at George Washington University, Washington, DC.
- Rubin, S., Hoffman, L., Hoffman, H., Lichtanski, K., & Valdivia, V. (2014). Sex in humanistic psychology and psychotherapy: A community roundtable. Society for Humanistic Psychology Conference (APA Division 32), Palo Alto, CA.

- Rubin, S., Hoffman, L., St. John, D., Keenan, K., & Smith, A. (2012). Symposium: Evidence in support of existential-humanistic psychology – Revitalizing the “Third Force.” American Psychological Association Convention, Orlando, FL.
- Hoffman, L., Bargdill, R., Rubin, S., Craig, E., & Serlin, I. (2012). Implications of the existential psychology–Zhi Mian dialogues in China. Society for Humanistic Psychology Hospitality Suite, American Psychological Association Convention, Orlando, FL.
- Keenan, K., Rubin, S., & Jackson, E. (2012). Live supervision: Teaching evidence-based psychotherapy with experiential supervision. Demonstration in the Society for Humanistic Psychology Hospitality Suite, American Psychological Association Convention, Orlando, FL.
- Rubin, S. (2012). Clark Moustakas and the experience of the other. Second International Conference on Existential Psychology. Fudan University, Shanghai, China.
- Rubin, S. (2012). Existential psychotherapy and experiential supervision. Linzi Counseling Center, Shanghai, China.
- Rubin, S. (2012). Creativity and the application of existential psychology in working with children and adolescents. Shenzhen, China.
- Rubin, S. (2012). Therapy as an artistic act by the client and the therapist. Counselor and Psychiatrist Training. Heifei, China.
- Rubin, S. (2012). Existential play therapy with children: An experiential workshop. Hong Kong University, Centre for Behavioral Health. Hong Kong, China.
- Rubin, S. (2010). Existential-humanistic-psychodynamic psychotherapy: Theory, practice, and in vivo role-plays. Invited Guest Speaker & Facilitator, Oakland Community College, Royal Oak, MI.
- Keenan, K., & Rubin, S. (2010). The use of therapeutic enactments for teaching evidence-based psychotherapy. 76th Annual Convention of the American Psychological Association, San Diego, CA.
- Keenan, K., & Rubin, S. (2009). *Experiential supervision with psychotic patients*. Humanistic Psychology, Psychotherapy, and Action: Transformation in a Time of Change. 3rd Annual Conference of the Society for Humanistic Psychology, Colorado Springs, CO.
- Rubin, S. (2009). *Child play therapy and parent guidance*. Oakland County Commission for Children, Youth, and Families. Television program filmed at Southwestern Oakland Cable Commission.

- Keenan, K., & Rubin, S. (2008). *The use of therapeutic enactments in experiential supervision*. Existential Therapy for a World Gone Mad: Existential-Humanistic Institute, 2nd Annual Conference, San Francisco, CA.
- Rubin, S., Craig, E., McWilliams, N., & Tummala-Narra, P. (2008). Chair, *Common ground: What humanistic psychology can rediscover from psychoanalysis*. 74th Annual Convention of the American Psychological Association, Boston, MA.
- Hoffman, L., Mendelowitz, E., Rubin, S., & Schneider, K. (2008). *Psychology, science, and the sea: A return to depth*. 2nd Annual Conference of the Society for Humanistic Psychology, Norwood, MA.
- Hoffman, L., Mendelowitz, E., Rubin, S., & Schneider, K. (2008). *Depth, the marketplace, and psychology's Faustian plight*. 74th Annual Convention of the American Psychological Association, Boston, MA.
- Keenan, K., & Rubin, S. (2008). *I've got you under my skin: The use of therapeutic enactments in experiential supervision*. 2nd Annual Conference of the Society for Humanistic Psychology, Norwood, MA.
- Keenan, K., & Rubin, S. (2008). *The use of therapeutic enactments in experiential supervision*. 74th Annual Convention of the American Psychological Association, Boston, MA.
- Rubin, S. (2008). *What humanistic psychology can rediscover from the psychoanalysts: An exploration of common ground and application to a child case study*. Michigan Society for Integrative Psychoanalytic Studies. Providence Hospital, Southfield, MI.
- Blau, D., Moustakas, K., & Rubin, S. (2007). *Clark Moustakas' contributions to humanistic psychology and psychotherapy: Founder, theorist, and practitioner*. Conference for Division 32 of the APA: Humanistic Psychotherapies for the 21st Century: Evolution of Theory, Research and Practice, San Francisco, CA.
- Keenan, K., & Rubin, S. (2007). *The use of therapeutic enactments in experiential supervision*. Conference for Division 32 of the APA: Humanistic Psychotherapies for the 21st Century: Evolution of Theory, Research and Practice, San Francisco, CA.
- Rubin, S. (2006). *Grieving and resiliency in job loss: Turning job loss into opportunity*. Symposium, Costick Activities Center, Farmington Hills, MI.
- Rubin, S. (2002). *Tragic optimism in an existential-humanistic worldview*. Presentation at the American Psychological Association Convention, Division 32, Humanistic Psychology, Chicago, IL.
- Rubin, S., & Anthony, A. (2001). *Person-centered play therapy with traumatized children*. Presentation at the 72nd Annual Eastern Psychological Association Conference in Washington, DC.

Rubin, S., & Gage, R. (2001). *The roots of stress*. Four-part lecture series: *Cope at Roep, Gifted Student Mental Health Project*, The Roeper School, Birmingham, MI.

Other Professional Presentations

Keenan, K., & Rubin, S. (2007). *I've got you under my skin: Live demonstrations of experiential supervision of difficult clients*. Special Topics seminar at the Michigan School of Professional Psychology, Farmington Hills, MI.

Keenan, K., & Rubin, S. (2006). *Experiential supervision case study and discussion: Responding to therapeutic ruptures*. Special Topics seminar at the Michigan School of Professional Psychology, Farmington Hills, MI.

Rubin, S. (2006). *Challenges facing the young therapist*. Special Topics seminar at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.

Rubin, S. (2006). *Heuristic interviewing in doctoral research*. Guest speaker to the PsyD III class at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.

Rubin, S. (2005). *Child and family assessment and case conceptualization*. Guest speaker to clinical staff at Behavioral Care Management, Madison Heights, MI.

Rubin, S. (2005). *Humanistic psychoanalysis*. Special Topics seminar at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.

Rubin, S., & Coggins, L. (2004). *Creative synthesis: Appreciating the poetic in human science research*. Doctoral seminar at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.

Rubin, S. (2003). *The common ground of existential psychology and psychoanalytic theory: Explicating the phenomenology of the mind*. Doctoral seminar at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.

Rubin, S. (2003). *An existential-psychoanalytic integration towards understanding anxiety and guilt in the clinical setting*. Lecture to the Master's class at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.

Rubin, S. (2003). *The theory and application of human science research models in conducting doctoral research*. Invited lecturer to the doctoral students in the clinical psychology program at Immaculata University, St. David's, PA.

Rubin, S. (2003). *Working with the parents of child patients in intensive psychotherapy*. Invited speaker to the Master's class at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.

- Rubin, S. (2002). *Childhood disorders and treatment strategies*. Seminar presented to the students in the Master's in Counseling Program at Siena Heights University, Rochester, MI.
- Rubin, S. (2002). *Compassion and empathy in the foster parenting of acutely symptomatic children*. Talk presented to an education and support group facilitated at Catholic Social Services of Wayne County, Detroit, MI.
- Rubin, S. (2002). *Suicide intervention training*. Staff development presentation delivered to the Behavioral Health Services department at Catholic Social Services of Wayne County, Detroit, MI.
- Rubin, S. (2002). *Parenting sexually-abused foster children*. Foster parent training and support group facilitated at Catholic Social Services of Wayne County, Detroit, MI.
- Rubin, S. (2001). *Philosophical and clinical approaches to existential anxiety*. Lecture delivered to the Master's class at the Center for Humanistic Studies Graduate School, Farmington Hills, MI.
- Rubin, S. (2001). *Play therapy with children who have experience post-traumatic stress*. Staff development and training delivered to Catholic Social Services of Wayne County, Detroit, MI.

Professional Affiliations

American Psychological Association:

Division 32, Humanistic Psychology

Division 39, Psychoanalytic Psychology

Division, 44 Society for the Psychological Study of Lesbian, Gay, Bisexual and Transgender Issues

Association for Humanistic Psychology

Association for Play Therapy – Virginia Chapter

Virginia Psychological Association

Virginia Academy of Clinical Psychologists

World Professional Association for Transgender Health

Society for the Exploration of Psychotherapy Integration